# THE GLOW WELL

# THE GLOW WELL SELF CARE ESSENTIALS GUIDE & POLICIES

# HOW TO BOOK THE GLOW SELF CARE ESSENTIALS:

For a seamless experience and guaranteed availability, we recommend booking your SELF CARE ESSENTIAL before you arrive at your holiday destination. This allows us to prepare everything in advance, ensuring a smooth and relaxing service

# HOW TO CHOOSE THE RIGHT SELF CARE ESSENTIALS FOR YOU:

Enhance your holiday experience by tuning into what your body needs most. Choose SLEEP WELL for restful nights and refreshed mornings, DEPUFF WELL to recover after travel or active days, or GLOW WELL to restore your skin after sun and stress. Each set is designed to elevate your stay with ease, comfort, and a touch of luxury. If you're unsure which option is right for you, our WELLNESS CONSULTANT is here to help—just reach out for personalized quidance.

# PERSONALISATION & HEALTH CONSIDERATIONS:

At THE GLOW WELL, your safety and well-being are our top priorities. Before your arrival, our WELLNESS CONSULTANT will provide you with a general list of instructions and contraindications for your selected SELF CARE ESSENTIAL to ensure it's the right choice for you. This ensures that you can enjoy your holiday with complete peace of mind, knowing your wellness experience is both safe and perfectly tailored to your needs.

#### PREGNANT & THE GLOW WELL SELF CARE ESSENTIALS:

Certain SELF CARE ESSENTIAL may not be suitable during pregnancy. If you are expecting please inform our WELLNESS CONSULTANT, and we will tailor our services to meet your specific needs.

#### SET UP & PREPARATIONS FOR THE PERFECT SELF-CARE JOURNEY:

At THE GLOW WELL, we take care of every detail for you. Your chosen SELF CARE ESSENTIAL, along with simple, clear instructions, will be delivered right to your doorstep—whether at your home, holiday villa or aboard your yacht. Please note, this is a SELF CARE KIT, and no therapist will be present. You're free to enjoy the device whenever it suits you, without the constraints of fixed time slots, ensuring your holiday remains completely relaxed and obligation-free—with a touch of well-being at your fingertips.

#### HOW TO PAY FOR YOUR SELF CARE ESSENTIALS:

Once you have selected your service our WELLNESS CONSULTANT will send you an invoice along with a payment link. Your booking will be confirmed once full payment has been received.

#### DEPOSIT PAYMENT FOR DEVICE:

In addition to the rental fee, <u>a deposit of Euro 300</u> is required as a security guarantee. Upon the safe return of the device, and after confirming no damage or defects, the deposit will be promptly refunded to your account.

# **CANCELLATION POLICY:**

For confirmed  $\mathcal{O}$  pre-paid services, a minimum of 48 hours' notice is required to cancel or reschedule. Cancellations or rescheduling made within 48 hours will incur a 100% charge, and no refund will be issued.

Connect with The GLOW WELL team to learn more or schedule your bespoke wellness experience:

hello@the-glow-well.com